2015 TOWNE WEST TIDALWAVES SWIM TEAM REGISTRATION

Parents' Names:	
Work Phone:	
Name of Swimmer(s):	
Da	te of Birth:
Da	ate of Birth:
Da	ate of Birth:
	ate of Birth:
	ate of Birth:
COST: Circle/Check all that apply and total	at bottom:
New/Beginner Swimmer (per child)	\$ 120.00
1 st Returning Swimmer	\$ 100.00
Additional Swimmers@ (swimmer's must be in same family/	
Total # of Swimmers	
Early registration discount (3/28/15) Late registration fee beginning Apr Opt out of Fundraiser	
Additional T-Shirt(s) # sizes	\$10.00 each \$15.00 for XXL
Total \$ Paid \$	Date
Payment Type: Cash CK #	CC

IMPORTANT REQUIREMENTS FOR EACH SWIMMER/PARENT (2015)

Each swimmer is required to participate in at least four dual swim meets during the season. This is a competitive swim team, we are not just a practice facility. If a swimmer does not swim in four duel swim meets you will not receive a trophy at the end of the season. All parents are required to volunteer for at least four full swim meets or six half swim meets (including Mock Meet, Prelims & Finals). Our meets are solely run on parent volunteers so please plan on being actively involved during our swim season.

IMPORTANT INFORMATION ON INSURANCE

Each team in our league (SHRSL) has an Excess Accident Medical Insurance plan. This is a secondary plan to cover the amounts NOT COVERED by the injured swimmer's primary plan. This is at no additional cost to the swimmer.

This plan . . .

Helps fill the gaps left by deductibles and co-insurance;

Serves as primary coverage when the injured has no other insurance;

Is affordable by the league since it does not duplicate coverage.

This insurance covers accidents at both practices and meets. The coverage is for swimmers, coaches and volunteer workers.

If an accident occurs requiring medical attention, the following is a MUST in order to file a claim with our insurance:

Tell one of your team representatives of the accident, AND

File initially with your own insurance. Our insurance will cover the deductible and coinsurance costs that your primary insurance does not pay.

Our insurance will not act as a primary carrier unless you have no other insurance. File first with your primary carrier.

I have read and understand the above information:

(Parent/Guardian Signature)

Date

(All swimmers' names in your family)

TWST EMERGENCY PROCEDURE FORM (2015)

(One Per Swimmer)

Swimmer:				[] _	
~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~			Middle I.		Sex
Address: _					
_					
Home Tele	phone Numbe	r:	·····	Age Group	
Father:				Work #	
Mother:				Work #	
Alternate F	Person:			_ Phone #	
Alternate F	Person:			_ Phone #	
Doctor:			Phone #:		
Hospital:			Phone #:		

CONSENT TO TREAT:

In the event of an emergency (illness or accident) an attempt will be made to contact you, the alternate persons listed, or the doctor listed. If this fails, your child will be taken to the hospital listed if possible or the nearest hospital. A swim team representative will stay with your child until you or an alternate person assumes responsibility.

I agree with the above stated policy and release the TowneWest Swim Team from any liability. I hereby give permission to the physician selected by the Swim Team to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child.

Parent's Sig	gnature	Date
SWIMMER'S RELEA	SE:	
My son/daughter,		, needs a ride to/from some/all of the
		est Swim Team and the sponsoring parents from
all liability in connecti	on with travel to/from all sy	wim meets.
Parent/Guardian Signa	ture	Date
	IUST BE NOTARIZED: This document was ack on	nowledged before me, 20

NOTARY'S SIGNATURE

2015

Team: TowneWest

SHRSL REGISTRATION AND RELEASE FORM (Complete One for Each Swimmer)

Sex Bi		Birth date (N	/M/DD/YYYY)	Age (as of 05/31/15)
	Home Pho	one Number	Email address	
City, State, Zip				
Address				
Swimmer Name	Last		First	

In consideration of being allowed to participate in the Southwest Houston Recreational Swim League (hereinafter SHRSL) swimming program (in any manner) and related events and activities, the undersigned:

- 1. Agree that prior to participating, they each will inspect the facilities and equipment to be used, and if they believe anything is unsafe, they will immediately advise their coach or supervisor of such condition and refuse to participate.
- 2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result from their own actions, inaction, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, there may be risks not known to us or not reasonably foreseeable at this time.
- 3. Assume all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
- 4. Release, waive, discharge and covenant not to sue SHRSL, their respective administrators, directors, agents, coaches, and other members of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the events, all of which are hereinafter referred to as Released Parties, from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the Released Parties or otherwise.
- 5. Agree to abaide by all UIL/SHRSL rules and regulations governing coaches and UIL participation.

Parent/Guardian Signature	 Date
-	
Participant Signature	Date
(If 18 or older)	
www.SHRSL.org	

2015 TIDALWAVES PARENTS VOLUNTEER FORM

All parents: We need everyone to participate in some area to have a smooth running, successful year. Thank You so much!! Your children would not have a swim team without your help. With your help, they will have a fun, successful year!!!!

Parents Names:	Phone #		
		Phone #	
e-mail:			
Swimmer(s) Name:	Age:	_, Name:	Age:
Name:Age:	, Name:	Age	:
Section I: Preferred Wo	ork Areas:		
Serve on the parent committee	Starter*	Stroke	judge*
Set-up (Home & Away meets)	Scorekeep	per Timer	
Clean-up (Home & Away meet	ts) Phone tea	m Heatin	g benches
Concessions	Announce	er	
Team Mom		*Require League t	raining
Section II: I prefer to volunteer:	:		
1st half (approximately 4:00 - 7	7:30)		
2nd half (approximately 7:30 -	10:00)		
Section III:			
I will NOT be available to voluntee	er at the followin	g meets/dates:	
May 29 th (mock meet) J	une 8 th (1 st meet)) June $15^{\text{th}} (2^{\text{rd}})$	¹ meet)
$_$ June 22 nd (3 rd meet) $_$ June	29^{th} (4^{th} meet)	July 6 th (5 th n	neet)
July 9 th (Prelims/Finals 10&U)	July 10 th (Prelims/Finals 11&	U)
July 14 th (All Stars) (Timers a	nd Certified Stro	oke Judges Only)	
Please indicate previous swim team	volunteer exper	ience:	

2015 TowneWest Swim Team Beginning Swimmer Policy

Beginning Swimmers will be accepted on the TowneWest Swim Team from ages 5 – 18 yrs. They will be taught to swim during the first month (April 27th – May 28th). They will practice with the team from 4:00 - 4:45 (ages 5-8), 4:45 - 5:30 (ages 9-12) or 5:30 - 6:30 (ages 13 –18) Monday – Friday with adult & teen-age instructors.

On May 29th they will participate in our Mock Meet. (Our team will swim so the coaches can record all of the swimmer's times.) Ten year olds and younger must be able to swim – any style they feel comfortable with – the full length of the lap pool with three or less stops (i.e. resting on the lane ropes, or sides of the pool). Eleven to 18 year olds must be able to swim two laps of the lap pool with three or less stops.

If they cannot complete their lap(s) that day, they will not be allowed to **practice** or **compete** with the team after May 29th but they will be given a "Certificate of Attendance at the TowneWest Beginner Swimmer Workshop" at the Mock Meet.

* * No refunds will be given * *

No discounts will be given if your swimmer cannot join the competition team or complete the full season for any reason.

* * 5 weeks of swim lessons for \$120.00 – is a terrific price. * *

Those that complete their lap(s) on May 29th will be mainstreamed into the competition team swimmers of their age group and will be instructed by our fabulous TowneWest Tidal Waves Coaches.

Equipo de Natacion 2015

Subdivisión TowneWest

Reglas para Nadadores Principantes

Estarmos aceptando nadadores para el equipo de Natacion de TowneWest De 5 a l8 años de edad. Se les enseñara a nadar durante (del dia 27 de April al 28 de Mayo). Los horarios son los siguientes: de 3:30 p.m. a 4:45pm (edades 5-8), 4:30 p.m. – 5:45p.m. (edades 9-12) o 5:30 p.m. – 6:45 p.m. (edades 13 – 18) de Lunes a Viernes con entrenadores adultos y adolescentes.

El 29 de Mayo todos los nadadores participaran en una competencia Simulada (solamente nuestro equipo estara en esta competencia, para que los entrenadores tomen el tiempo de cada nadador en diferentes categorias) Todos los nadadores de 10 años o menores <u>tienen que poder nadar en el</u> <u>estilo que se sientan mas competentes -</u> todo lo que es la longitud de la alberca con dos o menos paradas. (descansando en las cuerdas o a los lados de la alberca) de 11 a 18 años de edad todos los nadadores tienen que poder dar 2 o mas vueltas a la alberca con 3 o menos paradas.

Si alguno de los nadadores no puede terminar lo que es la longitud de la alberca para el dia 29 de Mayo, no se les permitira practicar o competir con el equipo por el resto de la temporada. Se les dara una camiseta del equipo y podran acompañarnos a las competencias para que le echen porras al equipo.

No habra ningun reembolso
-- No se hara ningun descuento si el nadador no termina la temporada--*** 5 semanas de lecciones de natacion por el precio de \$ 120 dolares – es un precio increible.****

Todos los nadadores que completen todos los requisitos arriba mencionados seran acomodados por grupos de acuerdo a su edad y seran entranados por nuestros fabulos entrenadores del equipo TownWest Tidal Waves.

Mucha suerte a todos!!!!!!!!!